

# Global News Agency Packing List

## Essentials

- |  |  |
|--|--|
| <input type="checkbox"/> Suitcase  | <input type="checkbox"/> Credit card and Phone card                    |
| <input type="checkbox"/> Shoulder bag/Day pack                               | <input type="checkbox"/> Guidebooks, Phrase books and Dictionaries     |
| <input type="checkbox"/> Address labels for the luggage                      | <input type="checkbox"/> Address list of important contacts or numbers |
| <input type="checkbox"/> International Student- /ID card and driving licence | <input type="checkbox"/> Addresses for organisations                   |
| <input type="checkbox"/> Wallet and Cash in the local currency               | <input type="checkbox"/> Country facts form                            |
| <input type="checkbox"/> Travellers' cheques                                 | <input type="checkbox"/> Maps  |
| <input type="checkbox"/> Passport  | <input type="checkbox"/> Diary or Organiser                            |
| <input type="checkbox"/> Visa  | <input type="checkbox"/> _____   |
| <input type="checkbox"/> Tickets and itinerary                               | <input type="checkbox"/> _____   |

## Toiletries

- |  |  |
|--|--|
| <input type="checkbox"/> Soap and Soap box                       | <input type="checkbox"/> Hair products                     |
| <input type="checkbox"/> Toilet paper                            | <input type="checkbox"/> Saline solution                   |
| <input type="checkbox"/> Medicine and prescriptions              | <input type="checkbox"/> Contact lens equipment or glasses |
| <input type="checkbox"/> Vitamin pills                           | <input type="checkbox"/> Sunglasses                        |
| <input type="checkbox"/> Shampoo and Conditioner                 | <input type="checkbox"/> Tampons and Pads                  |
| <input type="checkbox"/> Comb and Brush                          | <input type="checkbox"/> Make-up                           |
| <input type="checkbox"/> Toothbrush, toothpaste and dental floss | <input type="checkbox"/> Anti-bacterial cream              |
| <input type="checkbox"/> Lip balm, Sunscreen and After sun cream | <input type="checkbox"/> _____                             |
| <input type="checkbox"/> Small towel                             | <input type="checkbox"/> _____                             |
| <input type="checkbox"/> Wetwipes                                | <input type="checkbox"/> _____                             |
| <input type="checkbox"/> Deodorant                               | <input type="checkbox"/> _____                             |
| <input type="checkbox"/> Earplugs                                | <input type="checkbox"/> _____                             |
| <input type="checkbox"/> Hair-drier                              | <input type="checkbox"/> _____                             |

## Clothes. Do you need both casual and formal wear? Practical or nice? Warm or cold?

- |  |  |
|--|--|
| <input type="checkbox"/> Raincoat or poncho        | <input type="checkbox"/> Swimming gear             |
| <input type="checkbox"/> Comfortable walking shoes | <input type="checkbox"/> Pyjamas/Sleepwear         |
| <input type="checkbox"/> Dress shoes               | <input type="checkbox"/> Bathrobe and shower shoes |
| <input type="checkbox"/> Sneakers                  | <input type="checkbox"/> _____                     |
| <input type="checkbox"/> Sandals                   | <input type="checkbox"/> _____                     |
| <input type="checkbox"/> Flip-flops                | <input type="checkbox"/> _____                     |
| <input type="checkbox"/> Jumper, Sweater or Fleece | <b>For girls</b>                                   |
| <input type="checkbox"/> Dress shirts              | <input type="checkbox"/> Dresses                   |
| <input type="checkbox"/> T-shirts                  | <input type="checkbox"/> Skirts                    |
| <input type="checkbox"/> Jeans                     | <input type="checkbox"/> Underklänning             |
| <input type="checkbox"/> High heels                | <input type="checkbox"/> Stretch tights            |
| <input type="checkbox"/> Shorts                    | <input type="checkbox"/> _____                     |
| <input type="checkbox"/> Underwear                 | <input type="checkbox"/> _____                     |
| <input type="checkbox"/> Socks                     | <b>For boys</b>                                    |
| <input type="checkbox"/> A good hat                | <input type="checkbox"/> Ties                      |
| <input type="checkbox"/> Gloves or mittens         | <input type="checkbox"/> Belt/brace                |
| <input type="checkbox"/> Handkerchief              | <input type="checkbox"/> Suits                     |
| <input type="checkbox"/> Belt                      | <input type="checkbox"/> _____                     |
| <input type="checkbox"/> Long underwear            | <input type="checkbox"/> _____                     |

**Reporterequipment**

- |   |                                     |
|---|-------------------------------------|
| <input type="checkbox"/> Camera                       | <input type="checkbox"/> Camcorder  |
| <input type="checkbox"/> Notebook & Pens              | <input type="checkbox"/> Press pass |
| <input type="checkbox"/> Tape recorder for interviews | <input type="checkbox"/> _____      |
| <input type="checkbox"/> Laptop                       | <input type="checkbox"/> _____      |

**Campingequipment**

- |   |  |
|---|--|
| <input type="checkbox"/> Sleeping bag                     | <input type="checkbox"/> First Aid-brochure                  |
| <input type="checkbox"/> Tent                             | <input type="checkbox"/> Band aids                           |
| <input type="checkbox"/> Snakebitekit                     | <input type="checkbox"/> Water purifying tablets             |
| <input type="checkbox"/> Bottled water                    | <input type="checkbox"/> Waterfilter                         |
| <input type="checkbox"/> Cup                              | <input type="checkbox"/> Swiss Army knife or Leatherman tool |
| <input type="checkbox"/> Fork and spoon                   | <input type="checkbox"/> Boots                               |
| <input type="checkbox"/> Cookingkit                       | <input type="checkbox"/> _____                               |
| <input type="checkbox"/> Oven and fuel                    | <input type="checkbox"/> _____                               |
| <input type="checkbox"/> Matchbox                         | <input type="checkbox"/> _____                               |
| <input type="checkbox"/> Insect and/or mosquito repellent | <input type="checkbox"/> _____                               |
| <input type="checkbox"/> First Aid Kit                    | <input type="checkbox"/> _____                               |

**Other Items**

- |  |   |
|--|---|
| <input type="checkbox"/> Carbohydrate snacks                   | <input type="checkbox"/> Sleep sheet                  |
| <input type="checkbox"/> Books and magazines                   | <input type="checkbox"/> Flashlight or torch          |
| <input type="checkbox"/> Pack of cards                         | <input type="checkbox"/> Watch and alarm clock        |
| <input type="checkbox"/> Notebook & Pens                       | <input type="checkbox"/> Camcorder, camera and film   |
| <input type="checkbox"/> Stationery, envelope and stamps       | <input type="checkbox"/> Travel iron                  |
| <input type="checkbox"/> Visiting card                         | <input type="checkbox"/> Sewing kit with Safety Pins  |
| <input type="checkbox"/> Inflatable travel pillow              | <input type="checkbox"/> Umbrella                     |
| <input type="checkbox"/> Protective blanket                    | <input type="checkbox"/> Compass                      |
| <input type="checkbox"/> Sleeping mat                          | <input type="checkbox"/> Safety Pins                  |
| <input type="checkbox"/> Hangers                               | <input type="checkbox"/> Plastic bags or Ziplock bags |
| <input type="checkbox"/> Fishing Line                          | <input type="checkbox"/> Duct Tape                    |
| <input type="checkbox"/> Combo or key locks                    | <input type="checkbox"/> _____                        |
| <input type="checkbox"/> Universal Sink Plug                   | <input type="checkbox"/> _____                        |
| <input type="checkbox"/> Dish brush                            | <input type="checkbox"/> _____                        |
| <input type="checkbox"/> Electrical adapter and plug converter | <input type="checkbox"/> _____                        |
| <input type="checkbox"/> Batteries                             | <input type="checkbox"/> _____                        |
| <input type="checkbox"/> Binoculars                            | <input type="checkbox"/> _____                        |